

The Eight (8) CDA® Subject Areas



SUBJECT 1	Preschool, Infant and Toddler and Family Child Care Planning a safe and healthy learning environment	Examples: Safety, first aid, health, nutrition, planning the learning environment, materials and equipment
	Home Visitor Promoting health and safety in the home environment	Examples: Safety, first aid, health and wellness promotion, nutrition
SUBJECT 2	Preschool, Infant and Toddler and Family Child Care Advancing children's physical and intellectual development	Examples: Large and small muscle, language and literacy, discovery, art, music, mathematics, social studies, science, technology, and dual language learning
	Home Visitor Enhancing parents' skills to advance children's physical and intellectual development	Examples: Large and small muscle development, discovery, creative arts, literacy
SUBJECT 3	Preschool, Infant and Toddler and Family Child Care Supporting children's social and emotional development	Examples: Adult modeling, self-esteem, self-regulation, socialization, cultural identity, conflict resolution
	Home Visitor Promoting parents' use of positive ways to support children's social and emotional development	Examples: Self-regulation, self-esteem, interdependence, helping parents to respond to distressful events
SUBJECT 4	Preschool, Infant and Toddler and Family Child Care Building productive relationships with families	Examples: Parent involvement, home visits, conferences, referrals, communication strategies
	Home Visitor Understanding family systems and development	Examples: Family service and support, goal setting, supporting families of children with special needs; working with diverse families; identifying and responding to crisis; early parenting; parent skill development

SUBJECT 5	Preschool, Infant and Toddler and Family Child Care Managing an effective program	Examples: Planning, record keeping; reporting; community services/resources
	Home Visitor Managing an effective home visitor program operation	Examples: Home visitation; time management; documenting the home visitor work with the family; weekly planning; assessing individual family/child interests and needs; facilitating resources and activities; record keeping; developing action plans
SUBJECT 6	Preschool, Infant and Toddler and Family Child Care Maintaining a commitment to professionalism	Examples: Advocacy, ethical practices, workforce issues, professional development, goal setting, networking
	Home Visitor Maintaining a commitment to professionalism	Examples: Advocacy, the rights of children and families; professional ethics; workforce issues; legislation; professional organizations
SUBJECT 7	Preschool, Infant and Toddler and Family Child Care Observing and recording children's behavior	Examples: Tools and strategies for objective observation and assessment of children's behavior and learning to plan curriculum and individualize teaching, developmental delays, intervention strategies, individual education plans
	Home Visitor Working across the child welfare continuum	Examples: Cultural competence in all aspects of child/family welfare; comprehensive family assessment; assessing resource families; community assessment; housing; respite care; statistics on child and family well-being; child welfare and foster care; adoption and related issues; prevention and assessment of substance abuse; treatment services for young parents and adults; cross system collaboration; casework practice with families affected by substance abuse; the role of the courts
SUBJECT 8	Preschool, Infant and Toddler and Family Child Care Understanding principles of child development and learning	Examples: Typical developmental expectations of children from birth through age 5; individual variation including children with special needs; cultural influences on development, understanding brain development, theories in early childhood education
	Home Visitor Understanding principles of child development and learning	Examples: Typical developmental expectations of children from birth through age 5; individual variation including children with special needs; cultural influences on development, understanding brain development, theories in early childhood education